

# Monthly Digest

Find information and resources that help guide your efforts in promoting brain health and supporting people living with Alzheimer’s disease and related dementias, their caregivers, and families in Los Angeles County.

## News and Updates

- **Save the Date!** The Los Angeles County Department of Public Health is hosting the Healthy Brain LA Impact Summit. This free event will bring together partners across sectors to share the HBLA Coalition’s progress, strengthen collaboration, and highlight innovative work. **Register Now.** The Summit will also feature a poster session highlighting work in brain health, cardiovascular health, and healthy aging. Check out the **Abstract Submission Guide** for more information and submit your proposal via the **Abstract Submission Form.**
- **New!** The Alzheimer’s Association released the latest edition of their annual report, **2026 Alzheimer’s Disease Facts and Figures**, focusing on the burden of Alzheimer’s and dementia on individuals, caregivers, government, and the nation’s health care system. This year’s special report, **Brain Health in America: Understanding and Supporting Lifelong Cognitive Health**, highlights how Americans understand and prioritize brain health across the lifespan. To learn more, visit their **website.**
- **Save the Date!** Bet Tzedek Legal Services is hosting its 10<sup>th</sup> Annual World Elder Abuse Awareness Day (WEAAD) Event *From Hidden Harm to Community Action* on Wednesday, June 3, 2026 at The California Endowment. Secure your spot, **Register Now.**

## Funding Opportunities

### HILARITY FOR CHARITY: DEMENTIA CAREGIVER RESPITE PROGRAM

**Deadline: Rolling Basis**

Hilarity for Charity is offering respite grants to cover the cost of professional, in-home or Adult Day Center care to those providing care to loved ones living with Alzheimer’s disease or other dementias. Hilarity for Charity partners with Home Instead to coordinate care for in-home grant recipients. These grants are provided as services only and have no cash value.



## Trainings and Webinars

- May 14** 12 PM PST **NADRC.** Addressing Cognitive Impairment and Dementia Among Homeless and Housing-Insecure Seniors. **Register Now.**
- May 21** 11 AM PST **PHCOE-DC.** What Does it Mean and How Do We Measure Quality in Dementia Care? **Register Now.**
- May 30** 6:30 AM PST **UMC.** Caring for People with Memory Loss Conference 2026. **Register Now.**
- Jun 3** 9 AM PST **Bet Tzedek.** From Hidden Harm to Community Action. **Register Now.**
- Jun 10** 10 AM PST **NADRC.** Dementia-Specific Respite Care in Action: Innovative Programs and Sustainable Pathways. **Register Now.**
- Sept 3** 8:30 AM PST **LA County Dept. of Public Health.** 2026 HBLA Impact Summit. **Register Now.**



## Community Events

*Get involved! Promote these events to your network.*

- May 20** 1 PM PST **Alzheimer’s LA.** Making Home Safe: Identify Potentially Dangerous Situations for Someone Living with Dementia. **Register Now.**
- May 20** 4 PM PST **Alzheimer’s Association.** Building Brain-Healthy Habits. **Register Now.**
- May 30** 10:30 AM PST **Alzheimer’s LA.** Paranoia & Repeating Tips for Alzheimer’s Caregivers. West Valley Branch Library. 19036 Vanowen St Reseda, CA 91335. **Register Now.**
- Jun 6** 9 AM PST **Alzheimer’s LA.** Early Memory Loss Virtual Conference. **Register Now.**
- Jun 16** 10:30 AM PST **Alzheimer’s Association.** Understanding Alzheimer’s and Dementia. ONEgeneration Senior Enrichment Center. 18255 Victory Blvd, Reseda, CA 91335. **Register Now.**

## In the Spotlight - New Podcast on the Cost of Caregiving!

The USC Leonard Davis School of Gerontology recently launched a new podcast, *The Care Economy: Practical Approaches to Family Caregiving and Financial Well-Being*. The series explores the financial realities of unpaid caregiving and highlights solutions to better support caregivers.

Hosted by Maureen Feldman, episodes feature experts across healthcare, policy and community sectors, alongside individuals with lived experience. Topics include the financial impact of caregiving, lessons learned from lived experiences, employer strategies, legal planning, and policy solutions.

**Listen to the podcast or watch the episodes to learn more.**



Send success stories, achievements, or highlight ongoing initiatives to ([healthybrainla@ph.lacounty.gov](mailto:healthybrainla@ph.lacounty.gov)) to be featured in a spotlight.

## Featured Resources

- TOOLKIT**  
**The USC Family Caregiver Support Center - Conversations that Matter Toolkit: Talking to Family Caregivers for Healthcare Teams.**
- LEARNING MODULE**  
**University of California San Francisco’s (UCSF) - Caregivers as Partners in Care Teams offers a self-paced training to help healthcare teams identify, engage, and support caregivers. Free CE/CME credits.**
- TOOLKIT**  
**Dementia Care Aware - Cognitive Health Assessment Implementation Guide is a practical step-by-guide to Cognitive Health Assessment implementation.**
- COMMUNITY RESOURCE**  
**Best Programs for Caregiving is a free online national directory of dementia care programs for dementia caregivers and professionals to discover and share.**
- LEARNING MODULE**  
**Dementia Care Aware’s self-paced cognitive health assessment training and dementia mini-course. Free CE and CME/MOC credits.**
- TOOLKIT**  
**BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems.**



### Got News?

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to [healthybrainla@ph.lacounty.gov](mailto:healthybrainla@ph.lacounty.gov).